

FRANCESCA LO VERSO  
therapies, supervision, training

# Working outdoors Contract

**Reviewed: February 2025**

Next review: April 2026

## Location & Logistics

Outdoor sessions will take place in a designated location, as agreed upon when scheduling the session. Please come dressed appropriately for the weather and terrain and be prepared for any outdoor conditions. If you are unsure what to wear, let me know, and I will be able to advise.

If adverse weather (such as heavy rain or extreme temperatures) affects the session, we will switch to online. I will refer to MetOffice, the UK's government weather services, and the presence/absence of weather warnings to guide my decision. I will be responsible for contacting you before the session (usually the day before) to discuss this.

## Confidentiality & Privacy

While outdoor therapy offers a unique setting, please be aware that it may not provide the same level of privacy as indoor sessions, particularly in public spaces. We will maintain confidentiality to the best of our ability, but interruptions or the presence of other people are possible. We will work together to ensure your privacy is respected within the environment we are in.

If this concerns you, please let me know so I can explain further how I ensure the confidentiality of sessions.

## Duration & Costs

Fees for outdoor sessions are the same as in-person sessions, unless you have booked a Wilderness therapy package. Please note that working outdoors may occasionally require extra time due to factors beyond our control (such as walking or navigating the environment). I recommend allowing an additional 10 minutes, which may not be used but ensures flexibility in case it's needed. If adjustments to the session time or format are made due to unforeseen circumstances, you won't incur in any extra costs.

## Understanding of risks

By engaging in outdoor therapy, you acknowledge and consent to the potential risks associated with being outside and in a public space. It is important that you feel comfortable and prepared for the session format. Should you have any concerns or questions, please discuss them with me beforehand so we can ensure that the outdoor setting is suitable for your needs. A risk assessment is provided.

## Insurance

As a therapist, I am insured by Howdens, which provides coverage against claims for damages arising from my professional activities. However, I am not liable for any accidents or incidents that may occur as a result of the outdoor environment. A risk assessment is in place for outdoor sessions; please feel free to request a copy if you'd like to review it.

## Safety

The locations chosen for outdoor sessions will be safe and accessible, but it is important that you are aware of the environment. Please inform me of any physical limitations or health concerns that might affect your ability to participate. In case of an emergency, we will follow a plan to ensure safety, whether by contacting emergency services or seeking shelter as needed. I always carry a first aid kit and have an emergency first aid training certificate issued by BASP.